

## IMPORTANT NOTICE

31 March 2023:

Some of our participating restaurants are operating at various levels of service, to avoid disappointment please make a reservation in advance until further notice.

Use this handy hotel guide to claim your Prokard Explorer dining discounts at any of these participating **Marriott International** brands when dining in the restaurant. Wherever you see the (3) ticks, you can present your **Prokard Explorer** to claim your discount on the food portion of the bill.

**Prokard Explorer accepted for:** **B** Breakfast    **L** Lunch    **D** Dinner

## NORTHERN CAPE

PROTEA HOTEL BY MARRIOTT®  
KIMBERLEY  
Kimberley

## RESTAURANT

**B L D**

## CONTACT

✓ ✓ ✓

T: +27 (0) 53 802 8200/1/2  
E: kimberley@proteahotels.com

PROTEA HOTEL BY MARRIOTT®  
UPINGTON  
Upington

Zest

✓ ✓ ✓

T: +27 (0) 54 337 8400  
E: reservations@uphotels.co.za

## WESTERN CAPE

CAPE TOWN MARRIOTT® HOTEL  
CRYSTAL TOWERS  
Century City, Cape Town

## RESTAURANT

**B L D**

## CONTACT

✓ ✓ ✓

T: +27 (0) 21 525 3888  
E: crystaltowers@marriott-hotels.com

PROTEA HOTEL BY MARRIOTT®  
CAPE TOWN BREAKWATER LODGE  
V&A Waterfront, Cape Town

Time Out Café  
Stonebreakers

✓ ✓ ✓  
✓ ✓ ✓

T: +27 (0) 21 406 1911  
E: reserve@bwl.co.za

PROTEA HOTEL BY MARRIOTT®  
WORCESTER CUMBERLAND  
Worcester

De Breede

✓ ✓ ✓

T: +27 (0) 23 347 2641  
E: reservations@cumberland.co.za

PROTEA HOTEL BY MARRIOTT®  
CAPE TOWN DURBANVILLE  
Durbanville, Cape Town

Buavino

✓ ✓ ✓

T: +27 (0) 21 913 9256  
E: protea.durbanville@marriott.com

PROTEA HOTEL BY MARRIOTT®  
DORPSHUIS & SPA STELLENBOSCH  
Stellenbosch

The Oak Leaf

✓ ✓ ✓

T: +27 (0) 21 883 9881  
E: reservations@dorpshuis.co.za

PROTEA HOTEL FIRE & ICE!  
BY MARRIOTT® CAPE TOWN  
CBD, Cape Town

Fire & Ice! Restaurant

✓ ✓ ✓

T: +27 (0) 21 488 2555  
E: protea.fireandiceCT@marriott.com

PROTEA HOTEL BY MARRIOTT®  
FRANSCHHOEK  
Franschhoek

T: +27 (0) 21 876 3012  
E: protea.franschhoek@marriott.com

PROTEA HOTEL BY MARRIOTT® GEORGE  
KING GEORGE  
George, Garden Route

Fairway Terrace

✓ ✓ ✓

T: +27 (0) 44 874 7659  
E: protea.kinggeorge@marriott.com

PROTEA HOTEL BY MARRIOTT®  
KNYSNA QUAYS  
Knysna, Garden Route

In house Restaurant  
The DryDock Food Co.

✓  
✓ ✓

T: +27 (0) 44 382 5005  
E: protea.knysnaquays@marriott.com  
T: +27 (0) 44 382 7310

|                                                                                    |                                                |                |                                                                  |
|------------------------------------------------------------------------------------|------------------------------------------------|----------------|------------------------------------------------------------------|
| PROTEA HOTEL BY MARRIOTT®<br>MOSSSEL BAY<br>Mossel Bay                             | Café Gannet<br>(In house GUESTS only)          | ✓              | T: +27 (0) 44 691 3738<br>E: protea.mosselbay@marriott.com       |
| PROTEA HOTEL BY MARRIOTT®<br>MOWBRAY<br>Mowbray, Cape Town                         |                                                | ✓              | T: +27 (0) 21 442 5300<br>E: protea.mowbray@marriott.com         |
| PROTEA HOTEL BY MARRIOTT®<br>CAPE TOWN NORTH WHARF<br>Foreshore, Cape Town         |                                                | ✓ ✓ ✓          | T: +27 (0) 21 443 4600<br>E: protea.northwharf@marriott.com      |
| PROTEA HOTEL BY MARRIOTT®<br>OUDTSHOORN RIEMPIE ESTATE<br>Oudtshoorn, Garden Route |                                                | ✓ ✓ ✓          | T: +27 (0) 44 272 6161<br>E: protea.riempieestate@marriott.com   |
| PROTEA HOTEL BY MARRIOTT®<br>CAPE TOWN SEA POINT<br>Sea Point, Cape Town           | La Café                                        | ✓              | T: +27 (0) 21 434 3344<br>E: protea.seapoint@marriott.com        |
| PROTEA HOTEL BY<br>MARRIOTT® STELLENBOSCH<br>Stellenbosch                          | Cultivar<br>Die Wingerd Restaurant             | ✓ ✓ ✓<br>✓     | T: +27 (0) 21 880 9500<br>E: protea.stellenbosch@marriott.com    |
| PROTEA HOTEL BY MARRIOTT®<br>CAPE TOWN TYGER VALLEY<br>Platteklouf, Cape Town      | Point of View                                  | ✓ ✓            | T: +27 (0) 21 913 2000<br>E: protea.tygervalley@marriott.com     |
| THE WESTIN CAPE TOWN<br>CBD, Cape Town                                             | Thirsty7 Showkitchen<br>Louis B's Bar & Lounge | ✓ ✓ ✓<br>✓ ✓ ✓ | T: +27 (0) 21 412 8070<br>E: wh.cptwi.reservations@marriott.com  |
| AC HOTEL BY MARRIOTT®<br>CAPE TOWN WATERFRONT<br>Waterfront, Cape Town             | AC Kitchen<br>AC Lounge & Bar                  | ✓ ✓<br>✓ ✓     | T: +27 (0) 21 137 1100<br>E: ac.cptar.EventBookings@marriott.com |

## KWAZULU-NATAL

## RESTAURANT

## B L D

## CONTACT

|                                                                                          |                           |       |                                                                |
|------------------------------------------------------------------------------------------|---------------------------|-------|----------------------------------------------------------------|
| PROTEA HOTEL BY MARRIOTT®<br>KARRIDENE BEACH<br>Illovo Beach                             | Oakwoods                  | ✓ ✓ ✓ | T: +27 (0) 31 916 7228<br>E: protea.karridene@marriott.com     |
| PROTEA HOTEL BY MARRIOTT®<br>UMFOLOZI RIVER<br>Mtubatuba (Temporarily Closed)            | Umfoloji River Restaurant | ✓ ✓ ✓ | T: +27 (0) 35 551 0322<br>E: res@proteaumfolozi.net            |
| PROTEA HOTEL BY MARRIOTT®<br>DURBAN uMHLANGA<br>uMhlanga, Durban                         | The Lighthouse            | ✓     | T: +27 (0) 31 561 4413<br>E: protea.umhlanga@marriott.com      |
| PROTEA HOTEL FIRE & ICE! BY MARRIOTT®<br>DURBAN uMHLANGA RIDGE<br>uMhlanga Ridge, Durban |                           | ✓ ✓ ✓ | T: +27 (0) 31 582 6000<br>E: protea.umhlangaridge@marriott.com |

## FREE STATE

PROTEA HOTEL BY MARRIOTT®  
BLOEMFONTEIN  
Bloemfontein

## RESTAURANT

Amoretta

## B L D

✓ ✓ ✓

## CONTACT

T: +27 (0) 51 444 4321  
E: protea.bloemfontein@marriott.com

PROTEA HOTEL BY MARRIOTT®  
CLARENS  
Clarens

Adamo

✓ ✓ ✓

T: +27 (0) 58 256 1212  
E: protea.clarens@marriott.com

PROTEA HOTEL BY MARRIOTT®  
HARRISMITH MONTROSE  
Harrismith

T: +27 (0) 58 672 1011  
E: protea.montrose@marriott.com

PROTEA HOTEL BY MARRIOTT®  
BLOEMFONTEIN WILLOW LAKE  
Bloemfontein

101

✓ ✓ ✓

T: +27 (0) 51 412 5400  
E: protea.willowlake@marriott.com

## NORTH WEST

PROTEA HOTEL BY MARRIOTT®  
KLERKSDORP  
Klerksdorp

## RESTAURANT

## B L D

## CONTACT

T: +27 (0) 18 464 2180  
E: protea.klerksdorp@marriott.com

PROTEA HOTEL BY MARRIOTT®  
MAHIKENG  
Mahikeng

Mafika Restaurant

✓ ✓ ✓

T: +27 (0) 18 381 0400  
E: protea.mafikeng@marriott.com

## MPUMALANGA

PROTEA HOTEL BY MARRIOTT®  
NELSPRUIT  
Mbombela (Nelspruit)

## RESTAURANT

The Fig Tree Restaurant

## B L D

✓ ✓ ✓

## CONTACT

T: +27 (0) 13 752 3948  
E: protea.nelspruit@marriott.com

## GAUTENG

AFRICAN PRIDE IRENE COUNTRY LODGE,  
AUTOGRAPH COLLECTION  
Irene, Pretoria

## RESTAURANT

Meadow Green  
(In House only)

## B L D

✓ ✓ ✓

## CONTACT

T: +27 (0) 12 667 6464  
E: africanpride.irenecountrylodge@  
autographhotels.com

AFRICAN PRIDE MELROSE ARCH HOTEL,  
AUTOGRAPH COLLECTION  
Melrose Arch, Johannesburg

T: +27 (0) 11 214 6666  
E: africanpride.melrosearchhotel@  
autographhotels.com

PROTEA HOTEL BY MARRIOTT®  
BALALAIKA SANDTON  
Sandton, Johannesburg

The Conservatory

✓

T: +27 (0) 11 322 5000  
E: protea.balalaika@marriott.com

PROTEA HOTEL FIRE & ICE! BY MARRIOTT®  
JOHANNESBURG MELROSE  
Melrose Arch, Johannesburg

✓ ✓ ✓

T: +27 (0) 11 218 4000  
E: protea.fireandiceMA@marriott.com

|                                                                                                          |                                                                 |              |                                                                         |
|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|--------------|-------------------------------------------------------------------------|
| PROTEA HOTEL FIRE & ICE! BY MARRIOTT®<br>PRETORIA MENLYN<br>Menlyn, Pretoria                             |                                                                 | ✓ ✓ ✓        | T: +27 (0) 12 471 8600<br>E: protea.fireandiceMEN@marriott.com          |
| PROTEA HOTEL BY MARRIOTT®<br>PRETORIA LOFTUS PARK<br>Arcadia, Pretoria                                   | Lobby Lounge                                                    | ✓ ✓          | T: +27 (0) 12 030 0420<br>E: protea.prylp.reservations@proteahotels.com |
| PROTEA HOTEL BY MARRIOTT®<br>MIDRAND<br>Midrand                                                          | Palm Terrace                                                    | ✓ ✓ ✓        | T: +27 (0) 11 318 1868<br>E: protea.midrand@marriott.com                |
| PROTEA HOTEL BY MARRIOTT®<br>O.R. TAMBO AIRPORT<br>O.R. Tambo International                              | Warehouse                                                       | ✓ ✓ ✓        | T: +27 (0) 11 977 2600<br>E: .protea.ortambo@marriott.com               |
| JOHANNESBURG MARRIOTT® HOTEL<br>MELROSE ARCH<br>Melrose Arch, Johannesburg                               | Keystone Restaurant<br>and Bistro                               | ✓ ✓ ✓        | T: +27 (0) 11 495 4201<br>E: melrosearchsales@marriott.com              |
| PROTEA HOTEL BY MARRIOTT®<br>TRANSIT O.R. TAMBO AIRPORT (Temporarily Closed)<br>O.R. Tambo International |                                                                 |              | T: +27 (0) 11 390 1160<br>E: protea.transit@marriott.com                |
| PROTEA HOTEL BY MARRIOTT®<br>JOHANNESBURG WANDERERS<br>Illovo, Johannesburg                              | The Big Apple                                                   | ✓ ✓ ✓        | T: +27 (0) 11 770 5500<br>E: protea.wanderers@marriott.com              |
| <b>LIMPOPO</b>                                                                                           | <b>RESTAURANT</b>                                               | <b>B L D</b> | <b>CONTACT</b>                                                          |
| PROTEA HOTEL BY MARRIOTT®<br>POLOKWANE LANDMARK<br>Polokwane                                             |                                                                 |              | T: +27 (0) 15 225 8100<br>E: protea.landmark@marriott.com               |
| PROTEA HOTEL BY MARRIOTT®<br>POLOKWANE RANCH RESORT<br>Polokwane                                         | The Buttery Family<br>Basil's Fine Dining<br>(closed on Sunday) | ✓ ✓ ✓<br>✓   | T: +27 (0) 15 290 5000<br>E: reservations@theranch.co.za                |

## INTERNATIONAL PROTEA HOTELS

| NAMIBIA                                                                 | RESTAURANT                                | B | L | D | CONTACT                                                         |
|-------------------------------------------------------------------------|-------------------------------------------|---|---|---|-----------------------------------------------------------------|
| PROTEA HOTEL BY MARRIOTT®<br>WINDHOEK FÜRSTENHOF<br>Windhoek            |                                           | ✓ | ✓ |   | T: +264 (0) 61 237 380<br>E: furstenhof@proteahotels.com.na     |
| PROTEA HOTEL BY MARRIOTT®<br>ONDANGWA<br>Ondangwa                       |                                           | ✓ | ✓ | ✓ | T: +264 (0) 65 241 900<br>E: gm.ondangwa@proteahotels.com.na    |
| PROTEA HOTEL BY MARRIOTT®<br>WALVIS BAY PELICAN BAY<br>Walvis Bay       |                                           | ✓ | ✓ | ✓ | T: +264 (0) 64 214 000<br>E: gm.pelicanbay@proteahotels.com.na  |
| HOTEL INDONGO WALVIS BAY<br>Walvis Bay                                  |                                           | ✓ | ✓ | ✓ | T: +264 (0) 64 213 700<br>E: info.walvisbay@proteahotels.com.na |
| PROTEA HOTEL BY MARRIOTT®<br>ZAMBEZI RIVER LODGE<br>Katima Mulilo       | The Tafule Yaka                           | ✓ | ✓ | ✓ | T: +264 (0) 66 251 500<br>E: gm.zambezi@proteahotels.com.na     |
| MALAWI                                                                  | RESTAURANT                                | B | L | D | CONTACT                                                         |
| PROTEA HOTEL BY MARRIOTT®<br>BLANTYRE RYALLS<br>Blantyre                | 21 Grill on Hannover<br>Ryalls Restaurant | ✓ | ✓ |   | T: +265 (0) 1 820 955<br>E: protea.ryalls@mariott.com           |
|                                                                         |                                           | ✓ | ✓ | ✓ |                                                                 |
| TANZANIA                                                                | RESTAURANT                                | B | L | D | CONTACT                                                         |
| PROTEA HOTEL BY MARRIOTT®<br>DAR ES SALAAM AMANI BEACH<br>Dar es Salaam |                                           |   |   |   | T: +255 (0) 782 41 0033<br>E: info@phamanibeach.com             |
| PROTEA HOTEL BY MARRIOTT®<br>DAR ES SALAAM COURTYARD<br>Dar es Salaam   | Langi Langi Restaurant                    | ✓ | ✓ |   | T: +255 (0) 222 130 130<br>E: info@phcourtyard.com              |
| PROTEA HOTEL BY MARRIOTT®<br>DAR ES SALAAM OYSTERBAY<br>Dar es Salaam   | The Club Room                             | ✓ | ✓ | ✓ | T: +255 (0) 22 266 6665<br>E: info@phoysterbay.com              |

## NIGERIA

## RESTAURANT

## B L D

## CONTACT

PROTEA HOTEL BY MARRIOTT®  
BENIN CITY SELECT EMOTAN  
Benin City, Nigeria

✓ ✓ ✓

T: +2341 813 987 7770/8  
E: protea.selectemotan@marriott.com

PROTEA HOTEL BY MARRIOTT®  
LAGOS KURAMO WATERS  
Victoria Island, Lagos

Whale Restaurant

✓ ✓ ✓

T: +234 1 271 2962|3|4  
E: protea.kuramowaters@marriott.com

PROTEA HOTEL BY MARRIOTT®  
IKEJA SELECT  
Ikeja, Lagos

✓ ✓ ✓

T: +234 1 631 0250  
E: protea.selectikeja@marriott.com

PROTEA HOTEL BY MARRIOTT®  
OWERRI SELECT  
Owerri, Nigeria

Owerri

✓ ✓ ✓

T: +234 813 983 3310  
E: protea.owerriselect@marriott.com

## ZAMBIA

## RESTAURANT

## B L D

## CONTACT

PROTEA HOTEL BY MARRIOTT®  
LUSAKA CAIRO ROAD  
Lusaka

Mutaba Restaurant

✓ ✓ ✓

T: +260 (0) 211 238 360  
E: protea.cairoroad@marriott.com

PROTEA HOTEL BY MARRIOTT®  
CHINGOLA  
Chingola

San Marco

✓ ✓ ✓

T: +260 (0) 212 312 810  
E: protea.chingola@marriott.com

PROTEA HOTEL BY MARRIOTT®  
CHIPATA  
Chipata

Mulambe

✓ ✓

T: +260 (0) 216 222 905-8  
E: protea.chipata@marriott.com

PROTEA HOTEL BY MARRIOTT®  
LIVINGSTONE  
Livingstone

Livingstone

✓ ✓ ✓

T: +260 (0) 213 324 630  
E: protea.livingstone@marriott.com

PROTEA HOTEL BY MARRIOTT®  
LUSAKA  
Lusaka

Lusaka

✓ ✓ ✓

T: +260 (0) 211 254 664  
E: protea.lusaka@marriott.com

PROTEA HOTEL BY MARRIOTT®  
LUSAKA TOWER  
Lusaka

Lusaka

✓ ✓

T: +260 (0) 211 254 605  
E: protea.lusakatower@marriott.com

PROTEA HOTEL BY MARRIOTT®  
LUSAKA SAFARI LODGE  
Chisamba, Lusaka

Mutete

✓ ✓ ✓

T: +260 (0) 211 212 843 6  
E: protea.safarilodge@marriott.com

PROTEA HOTEL BY MARRIOTT®  
NDOLA  
Ndola, Zambia

✓ ✓

T: +260 (0) 212 626 200  
E: protea.ndola@marriott.com

## UGANDA

PROTEA HOTEL BY MARRIOTT®  
ENTEBBE  
Entebbe

## RESTAURANT

Tides

## B L D

✓ ✓ ✓

## CONTACT

E: +256 (0) 414 323 132  
E: info@proteaebb.co.ug

PROTEA HOTEL BY MARRIOTT®  
KAMPALA  
Kololo, Kampala

Chapter One

✓ ✓ ✓

T: +256 (0) 312 550 000  
or +256 (0) 414 550 000  
E: info@proteakla.co.ug

PROTEA HOTEL BY MARRIOTT®  
KAMPALA SKYZ  
Kampala

Chapter Two

✓ ✓ ✓

T: +256 (0) 31 255 4000  
E: res@proteakla.co.ug

## BOTSWANA

PROTEA HOTEL BY MARRIOTT®  
GABORONE MASA SQUARE  
Gaborone, Botswana

## RESTAURANT

Don Carlos  
Carlito's Cafe

## B L D

✓ ✓ ✓  
✓ ✓ ✓

## CONTACT

T: +267 (0) 31 59954/76  
E: info@massasquarehotel.com